

Deaf/Hard of Hearing – Independent Living Competency Skills

Name:	DOB:
Amplification:	
Case Manager	Date of Evaluation
Case Manager	Date of Evaluation
Case Manager	Date of Evaluation
Case Manager	Date of Evaluation
Case Manager	Date of Evaluation

Please select either N, W or M for each of the questions below in each section

Gr. 9	Gr. 10	Gr. 11	Gr. 12	Gr. 12+	N = need W = working M = mastered
Home Living					
					Maintains personal grooming/hygiene
					States the benefits of proper nutrition and personal fitness
					Uses basic first aid knowledge
					Keeps calendar/address book/contact list
					Cleans and maintains living space
					Demonstrates basic cooking skills
					Plans and cooks balanced meals
					Demonstrates basic laundry skills (sort, wash, dry, iron clothes)
					Demonstrates an ability to develop a budget
					Keeps financial records/receipts
					Uses credit cards/debit cards wisely
					States several reasons why insurance is needed and types of insurance available
					Completes income tax report
					Manages checking/bank account
					Demonstrates the ability to find affordable housing
					States the legal implications of a lease, rental agreement, housing contracts or purchase agreements

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					Community Participation
					Shows respect for authority
					Follows rules and laws in the community
					Practices safety in the community
					Registers to vote and participates in local/state/national voting process
					Uses independent transportation in the community (other than family members)
					Obtains a driver's license or state ID card
					Uses consumer skills to shop wisely
					Demonstrates the ability to count money/give correct change
					Identifies sources of information about community events
					Calls to schedule own medical/dental appointments.
					Prepares and asks questions for doctors, nurses, therapists
					States how to request an interpreter in various community settings
					Volunteers in an area of interest in the community

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					Recreation Leisure
					Organizes activities and creates a schedule
					Demonstrates ability to make new friends
					Maintains healthy relationships
					Develops an interest in a variety of hobbies/sports/activities
					Regularly participates in social activities
					Demonstrates ability to plan and schedule social activities
					Manages personal information on social network sites appropriately
					Locates deaf/hard of hearing activities in the community
					Communicates effectively in social situations
					Organizes activities and creates a schedule